THE PARENTS GUIDE TO

Marijuana in Massachusetts

What You Need to Know

- You have to be 21 or older to buy or use marijuana of any kind, with exceptions for patients in the Medical Use of Marijuana Program.
- Children's brains are not fully developed until their mid-20s.
- Regular marijuana use by teens can affect memory, cause learning problems, and increase risky behavior.



FACT



People who begin using marijuana before the age of 18 are 4-7x more likely than other adults to develop a marijuana use disorder.

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Protecting Your Children

You are already talking with your kids about a lot of important topics. Remember to **include marijuana** in those discussions.

Have an **open conversation** with your kids about the risks of marijuana. **Listen carefully** to their questions. **Be respectful** and understanding of the thoughts they share.

Set specific rules about marijuana use. Kids are less likely to use marijuana when parents set clear expectations.

Any form of marijuana, including edible products,

should be stored in a locked container and kept safely out of the reach of children and pets.

TIP #1Get the facts about marijuana.

TIP #2 Start early. Talk often.

TIP #3

Keep talking. You can have a big influence on whether or not your kids use marijuana.



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